

ART OF COOKERY

2026 Grab n Go Weekly Menu

January through December, with travel pause Feb 9–Apr 12

JANUARY 2026

Week 1 · Jan 5–11

- **Soup:** Chicken & Gnocchi Soup
- **Comfort:** Swedish Meatballs
- **Wild Card:** Cauliflower Steak with Sweet Potato Purée

Week 2 · Jan 12–18

- **Soup:** Lentil Soup
- **Comfort:** Meatloaf Meal
- **Wild Card:** Green Chili Chicken Tamales

Week 3 · Jan 19–25

- **Soup:** Roasted Tomato Bisque
- **Comfort:** Ground Beef Stroganoff
- **Wild Card:** Sweet & Sour Chicken and Rice

Week 4 · Jan 26–Feb 1

- **Soup:** Potato Soup
- **Comfort:** Lasagna
- **Wild Card:** Korean Bulgogi Lettuce Wraps

Week 5 · Feb 2–8

- **Soup:** Minestrone Soup
- **Comfort:** Cheesy Jumbo Shells
- **Wild Card:** Shrimp Moroccan Tagine

TRAVEL PAUSE (Feb 9–Apr 12) — No Menu / Valerie Traveling

APRIL 2026

Week 15 · Apr 13–19

- **Soup:** Chili
- **Comfort:** Swedish Meatballs
- **Wild Card:** Vietnamese Pork Belly with Jasmine Rice

Week 16 · Apr 20–26

- **Soup:** White Chicken Chili
- **Comfort:** Pork Chops with Stuffing & Gravy
- **Wild Card:** Spaghetti Bolognese with Meatballs

MAY 2026

Week 17 · Apr 27–May 3

- **Soup:** Seafood Chowder
- **Comfort:** Four Cheese Ravioli
- **Wild Card:** Arroz con Pollo

Week 18 · May 4–10

- **Soup:** Mexican Tortilla Soup
- **Comfort:** Fettuccini Alfredo
- **Wild Card:** Korean Bulgogi Lettuce Wraps

Week 19 · May 11–17

- **Soup:** Spring Asparagus & Leek Soup
- **Comfort:** Cuban Sloppy José Sammies
- **Wild Card:** Chicken Curry over Rice

Week 20 · May 18–24

- **Soup:** Potato Soup
- **Comfort:** Meatloaf Meal
- **Wild Card:** Creamy Tuscan Salmon with Wild Rice & Roasted Honey-Lemon Carrots

Week 21 · May 25–31

- **Soup:** Roasted Tomato Bisque
- **Comfort:** Chicken Moroccan Tagine
- **Wild Card:** Japanese Chicken Katsu

JUNE 2026

Week 22 · Jun 1–7

- **Soup:** Chicken & Gnocchi Soup
- **Comfort:** Hamburger Skillet
- **Wild Card:** Chicken Shawarma Bowls

Week 23 · Jun 8–14

- **Soup:** New Mexican Posole Soup
- **Comfort:** Pork Chops with Stuffing & Gravy
- **Wild Card:** Pulled Brisket Mexican Tacos

Week 24 · Jun 15–21

- **Soup:** Lentil Soup
- **Comfort:** Mac & Cheese
- **Wild Card:** Arroz con Pollo

Week 25 · Jun 22–28

- **Soup:** White Chicken Chili
- **Comfort:** Cheesy Jumbo Shells
- **Wild Card:** Vietnamese Pork Belly with Jasmine Rice

JULY 2026

Week 26 · Jun 29–Jul 5

- **Soup:** Seafood Chowder
- **Comfort:** Beef Tips with Gravy over Noodles with Green Beans
- **Wild Card:** Sweet & Sour Chicken and Rice

Week 27 · Jul 6–12

- **Soup:** Mexican Tortilla Soup
- **Comfort:** Goulash
- **Wild Card:** Chicken Shawarma Bowls

Week 28 · Jul 13–19

- **Soup:** Potato Soup
- **Comfort:** Meatloaf Meal
- **Wild Card:** Pulled Brisket Mexican Tacos

Week 29 • Jul 20–26

- **Soup:** Chicken & Gnocchi Soup
- **Comfort:** Hamburger Skillet
- **Wild Card:** Japanese Chicken Katsu

Week 30 • Jul 27–Aug 2

- **Soup:** Chili
- **Comfort:** Lasagna (National Lasagna Week)
- **Wild Card:** Cuban Sloppy Joe Sammies

AUGUST 2026

Week 31 • Aug 3–9

- **Soup:** Lentil Soup
- **Comfort:** Swedish Meatballs
- **Wild Card:** Chicken Ramen Bowl

Week 32 • Aug 10–16

- **Soup:** Michigan Sweet Corn Chowder
- **Comfort:** Fettuccini Alfredo
- **Wild Card:** Chicken Curry over Rice

Week 33 • Aug 17–23

- **Soup:** Chicken Noodle Soup
- **Comfort:** Pork Roast with Stuffing & Gravy
- **Wild Card:** Vietnamese Banh Mi Bowls
- **Test Kitchen:** Veggie Burgers

Test Kitchen — a new dish we're trying out. Only 6 available; we'd love to hear your thoughts.

Week 34 • Aug 24–30

- **Soup:** New Mexican Posole Soup
- **Comfort:** Pork Chops with Stuffing & Gravy
- **Wild Card:** Shrimp Moroccan Tagine
- **Test Kitchen:** Michigan Sweet Corn & Chicken Mini Pot Pies

Test Kitchen — a new dish we're trying out. Only 6 available; we'd love to hear your thoughts.

SEPTEMBER 2026

Week 35 • Aug 31–Sep 6

- **Soup:** Seafood Chowder
- **Comfort:** Lasagna
- **Wild Card:** Korean Bulgogi Lettuce Wraps
- **Test Kitchen:** Chicken Piccata

Test Kitchen — a new dish we're trying out. Only 6 available; we'd love to hear your thoughts.

Week 36 • Sep 7–13

- **Soup:** Potato Soup
- **Comfort:** Swedish Meatballs
- **Wild Card:** Chicken Enchiladas
- **Test Kitchen:** Pot Roast Crock with Root Vegetables

Test Kitchen — a new dish we're trying out. Only 6 available; we'd love to hear your thoughts.

Week 37 · Sep 14–20

- **Soup:** Chili
- **Comfort:** Ground Beef Stroganoff
- **Wild Card:** Chicken Curry over Rice
- **Test Kitchen:** TBA — reserved for class byproducts or seasonal test items

Test Kitchen — a new dish we're trying out. Only 6 available; we'd love to hear your thoughts.

Week 38 · Sep 21–27

- **Soup:** Chicken Noodle Soup
- **Comfort:** Hamburger Skillet
- **Wild Card:** Julia's Chicken (Coq au Vin)
- **Test Kitchen:** Hand Pies

Test Kitchen — a new dish we're trying out. Only 6 available; we'd love to hear your thoughts.

OCTOBER 2026

Week 39 · Sep 28–Oct 4

- **Soup:** Chicken & Gnocchi Soup
- **Comfort:** Meatloaf Meal
- **Wild Card:** Korean Bulgogi Lettuce Wraps
- **Test Kitchen:** Greek Lemon Chicken with Orzo

Test Kitchen — a new dish we're trying out. Only 6 available; we'd love to hear your thoughts.

Week 40 · Oct 5–11

- **Soup:** Turkey & Wild Rice Soup
- **Comfort:** Goulash
- **Wild Card:** Chicken Shawarma Bowls
- **Test Kitchen:** BBQ Pulled Pork over Mashed Potatoes

Test Kitchen — a new dish we're trying out. Only 6 available; we'd love to hear your thoughts.

Week 41 · Oct 12–18

- **Soup:** Potato Soup
- **Comfort:** Beef Tips with Gravy over Noodles with Green Beans
- **Wild Card:** Arroz con Pollo
- **Test Kitchen:** Butternut Squash & Turkey Pot Pie

Test Kitchen — a new dish we're trying out. Only 6 available; we'd love to hear your thoughts.

Week 42 · Oct 19–25

- **Soup:** Chili
- **Comfort:** Fettuccini Alfredo
- **Wild Card:** Pulled Brisket Mexican Tacos
- **Test Kitchen:** Turkey Pot Pie Bowl

Test Kitchen — a new dish we're trying out. Only 6 available; we'd love to hear your thoughts.

NOVEMBER 2026

Week 43 · Oct 26–Nov 1

- **Soup:** Mexican Tortilla Soup
- **Comfort:** Cider-Braised Pork with Onions & Apples
- **Wild Card:** Chicken Ramen Bowl
- **Test Kitchen:** Mango Habanero Shrimp Tacos

Test Kitchen — a new dish we're trying out. Only 6 available; we'd love to hear your thoughts.

Week 44 · Nov 2–8

- **Soup:** Chicken & Gnocchi Soup
- **Comfort:** Swedish Meatballs
- **Wild Card:** Chicken Enchiladas
- **Test Kitchen:** Michigan Apple & Butternut Squash Soup

Test Kitchen — a new dish we're trying out. Only 6 available; we'd love to hear your thoughts.

Week 45 · Nov 9–15

- **Soup:** Chicken Noodle Soup
- **Comfort:** Meatloaf Meal
- **Wild Card:** Julia's Chicken (Coq au Vin)
- **Test Kitchen:** Cheesy Chicken Empanadas

Test Kitchen — a new dish we're trying out. Only 6 available; we'd love to hear your thoughts.

Week 46 · Nov 16–22

- **Soup:** Potato Soup
- **Comfort:** Beef Tips with Gravy over Noodles with Green Beans
- **Wild Card:** Cuban Sloppy José Sammies
- **Test Kitchen:** Shakshuka

Test Kitchen — a new dish we're trying out. Only 6 available; we'd love to hear your thoughts.

Week 47 · Nov 23–29

- **Soup:** White Chicken Chili
- **Comfort:** Thanksgiving in a Bowl
- **Wild Card:** Pad Thai
- **Test Kitchen:** Shepherd's Pie

Test Kitchen — a new dish we're trying out. Only 6 available; we'd love to hear your thoughts.

DECEMBER 2026

Week 48 · Nov 30–Dec 6

- **Soup:** Mexican Tortilla Soup
- **Comfort:** Four Cheese Ravioli
- **Wild Card:** Pulled Brisket Mexican Tacos
- **Test Kitchen:** Classic Beef Pot Pie

Test Kitchen — a new dish we're trying out. Only 6 available; we'd love to hear your thoughts.

Week 49 · Dec 7–13

- **Soup:** Chili
- **Comfort:** Ground Beef Stroganoff
- **Wild Card:** Japanese Chicken Katsu
- **Test Kitchen:** Chicken & Dumplings

Test Kitchen — a new dish we're trying out. Only 6 available; we'd love to hear your thoughts.

Week 50 · Dec 14–20

- **Soup:** Minestrone Soup
- **Comfort:** Fettuccini Alfredo
- **Wild Card:** Sweet & Sour Chicken and Rice
- **Test Kitchen:** Roasted Beet & Carrot Soup

Test Kitchen — a new dish we're trying out. Only 6 available; we'd love to hear your thoughts.

Week 51 · Dec 21–27

- **Soup:** Lentil Soup
- **Comfort:** Cider-Braised Pork with Onions & Apples
- **Wild Card:** Chicken Enchiladas

- **Test Kitchen:** Cream of Mushroom Soup

Test Kitchen — a new dish we're trying out. Only 6 available; we'd love to hear your thoughts.

Week 52 · Dec 28–31

- **Soup:** White Chicken Chili
- **Comfort:** Goulash
- **Wild Card:** Vietnamese Pork Belly with Jasmine Rice
- **Test Kitchen:** Ham & Bean Soup

Test Kitchen — a new dish we're trying out. Only 6 available; we'd love to hear your thoughts.