

# ART OF COOKERY — 2026 GRAB N GO WEEKLY MENU

(January through December, with travel pause Feb 9–Apr 12)

## JANUARY 2026

### Week 1 (Jan 5–11)

- - **Soup:** Chicken & Gnocchi Soup
- - **Comfort:** Swedish Meatballs
- - **Wild Card:** Cauliflower Steak with Sweet Potato Purée

### Week 2 (Jan 12–18)

- - **Soup:** Lentil Soup
- - **Comfort:** Meatloaf Meal
- - **Wild Card:** Green Chili Chicken Tamales

### Week 3 (Jan 19–25)

- - **Soup:** Roasted Tomato Bisque
- - **Comfort:** Ground Beef Stroganoff
- - **Wild Card:** Sweet & Sour Chicken and Rice

### Week 4 (Jan 26–Feb 1)

- - **Soup:** Potato Soup
- - **Comfort:** Lasagna
- - **Wild Card:** Korean Bulgogi Lettuce Wraps

### Week 5 (Feb 2–8)

- - **Soup:** Minestrone Soup
- - **Comfort:** Cheesy Jumbo Shells
- - **Wild Card:** Shrimp Moroccan Tagine

**TRAVEL PAUSE (Feb 9–Apr 12) — No Menu / Valerie Traveling**

## APRIL 2026

### Week 15 (Apr 13–19)

- - **Soup:** Chili
- - **Comfort:** Swedish Meatballs
- - **Wild Card:** Vietnamese Pork Belly with Jasmine Rice

### Week 16 (Apr 20–26)

- - **Soup:** White Chicken Chili
- - **Comfort:** Pork Chops with Stuffing & Gravy
- - **Wild Card:** Spaghetti Bolognese with Meatballs

## MAY 2026

### Week 17 (Apr 27–May 3)

- - **Soup:** Seafood Chowder
- - **Comfort:** Four Cheese Ravioli
- - **Wild Card:** Arroz con Pollo

### Week 18 (May 4–10)

- - **Soup:** Mexican Tortilla Soup
- - **Comfort:** Fettuccini Alfredo
- - **Wild Card:** Korean Bulgogi Lettuce Wraps

### Week 19 (May 11–17)

- - **Soup:** Spring Asparagus & Leek Soup
- - **Comfort:** Cuban Sloppy José Sammies
- - **Wild Card:** Chicken Curry over Rice

### Week 20 (May 18–24)

- - **Soup:** Potato Soup
- - **Comfort:** Meatloaf Meal
- - **Wild Card:** Creamy Tuscan Salmon with Wild Rice & Roasted Honey-Lemon Carrots

### Week 21 (May 25–31)

- - **Soup:** Roasted Tomato Bisque
- - **Comfort:** Chicken Moroccan Tagine
- - **Wild Card:** Japanese Chicken Katsu

## JUNE 2026

### Week 22 (Jun 1–7)

- - **Soup:** Chicken & Gnocchi Soup
- - **Comfort:** Hamburger Skillet
- - **Wild Card:** Chicken Shawarma Bowls

### Week 23 (Jun 8–14)

- - **Soup:** New Mexican Posole Soup
- - **Comfort:** Pork Chops with Stuffing & Gravy
- - **Wild Card:** Pulled Brisket Mexican Tacos

### Week 24 (Jun 15–21)

- - **Soup:** Lentil Soup
- - **Comfort:** Mac & Cheese
- - **Wild Card:** Arroz con Pollo

## Week 25 (Jun 22–28)

- - **Soup:** White Chicken Chili
- - **Comfort:** Cheesy Jumbo Shells
- - **Wild Card:** Vietnamese Pork Belly with Jasmine Rice

## JULY 2026

### Week 26 (Jun 29–Jul 5)

- - **Soup:** Seafood Chowder
- - **Comfort:** Beef Tips with Gravy over Noodles with Green Beans
- - **Wild Card:** Sweet & Sour Chicken and Rice

### Week 27 (Jul 6–12)

- - **Soup:** Mexican Tortilla Soup
- - **Comfort:** Goulash
- - **Wild Card:** Chicken Shawarma Bowls

### Week 28 (Jul 13–19)

- - **Soup:** Potato Soup
- - **Comfort:** Meatloaf Meal
- - **Wild Card:** Pulled Brisket Mexican Tacos

### Week 29 (Jul 20–26)

- - **Soup:** Chicken & Gnocchi Soup
- - **Comfort:** Hamburger Skillet
- - **Wild Card:** Japanese Chicken Katsu

### Week 30 (Jul 27–Aug 2)

- - **Soup:** Chili
- - **Comfort:** Lasagna (National Lasagna Week)
- - **Wild Card:** Cuban Sloppy Joe Sammies

## AUGUST 2026

### Week 31 (Aug 3–9)

- - **Soup:** Lentil Soup
- - **Comfort:** Swedish Meatballs
- - **Wild Card:** Chicken Ramen Bowl

### Week 32 (Aug 10–16)

- - **Soup:** Michigan Sweet Corn Chowder
- - **Comfort:** Fettuccini Alfredo
- - **Wild Card:** Chicken Curry over Rice

### Week 33 (Aug 17–23)

- - **Soup:** Chicken Noodle Soup
- - **Comfort:** Pork Roast with Stuffing & Gravy
- - **Wild Card:** Vietnamese Banh Mi Bowls

### Week 34 (Aug 24–30)

- - **Soup:** White Chicken Chili
- - **Comfort:** Hamburger Mac & Cheese
- - **Wild Card:** Shrimp Moroccan Tagine

## SEPTEMBER 2026

### Week 35 (Aug 31–Sep 6)

- - **Soup:** Seafood Chowder
- - **Comfort:** Four Cheese Ravioli
- - **Wild Card:** Korean Bulgogi Lettuce Wraps

### Week 36 (Sep 7–13)

- - **Soup:** Potato Soup
- - **Comfort:** Goulash
- - **Wild Card:** Arroz con Pollo

### Week 37 (Sep 14–20)

- - **Soup:** Tomato Basil Bisque
- - **Comfort:** Lasagna
- - **Wild Card:** Chicken Shawarma Bowls

### Week 38 (Sep 21–27)

- - **Soup:** Chicken & Gnocchi Soup
- - **Comfort:** Meatloaf Meal
- - **Wild Card:** Vietnamese Banh Mi Bowls

## OCTOBER 2026

### Week 39 (Sep 28–Oct 4)

- - **Soup:** Butternut Squash Bisque
- - **Comfort:** Ground Beef Stroganoff
- - **Wild Card:** Sweet & Sour Chicken and Rice

### Week 40 (Oct 5–11)

- - **Soup:** Lentil Soup
- - **Comfort:** Beef Tips with Gravy over Noodles with Green Beans
- - **Wild Card:** Creamy Tuscan Salmon with Wild Rice & Roasted Honey-Lemon Carrots

### Week 41 (Oct 12–18)

- - **Soup:** Mexican Tortilla Soup
- - **Comfort:** Hamburger Skillet
- - **Wild Card:** Japanese Chicken Katsu

### Week 42 (Oct 19–25)

- - **Soup:** Chili
- - **Comfort:** Goulash
- - **Wild Card:** Pulled Brisket Mexican Tacos

## NOVEMBER 2026

### Week 43 (Oct 26–Nov 1)

- - **Soup:** White Chicken Chili
- - **Comfort:** Pork Roast with Stuffing & Gravy
- - **Wild Card:** Cuban Sloppy José Sammies

### Week 44 (Nov 2–8)

- - **Soup:** Seafood Chowder
- - **Comfort:** Fettuccini Alfredo
- - **Wild Card:** Vietnamese Pork Belly with Jasmine Rice

### Week 45 (Nov 9–15)

- - **Soup:** Minestrone Soup
- - **Comfort:** Lasagna
- - **Wild Card:** Chicken Curry over Rice

### Week 46 (Nov 16–22)

- - **Soup:** Lentil Soup
- - **Comfort:** Thanksgiving in a Bowl
- - **Wild Card:** Pad Thai

### Week 47 (Nov 23–29)

- - **Soup:** Chicken & Gnocchi Soup
- - **Comfort:** Pork Chops with Stuffing & Gravy
- - **Wild Card:** Shrimp Moroccan Tagine

## DECEMBER 2026

### Week 48 (Nov 30–Dec 6)

- - **Soup:** Roasted Tomato Bisque with Grilled Cheese Croutons
- - **Comfort:** Meatloaf Meal
- - **Wild Card:** Four Cheese Ravioli

### Week 49 (Dec 7–13)

- - **Soup:** Potato Soup
- - **Comfort:** Hamburger Skillet
- - **Wild Card:** Chicken Ramen Bowl

### Week 50 (Dec 14–20)

- - **Soup:** Minestrone Soup
- - **Comfort:** Goulash
- - **Wild Card:** Korean Bulgogi Lettuce Wraps

### Week 51 (Dec 21–27)

- - **Soup:** Chicken Noodle Soup
- - **Comfort:** Pork Roast with Stuffing & Gravy
- - **Wild Card:** Vietnamese Banh Mi Bowls

### Week 52 (Dec 28–31)

- - **Soup:** White Chicken Chili
- - **Comfort:** Ground Beef Stroganoff
- - **Wild Card:** Creamy Tuscan Salmon with Wild Rice & Roasted Honey-Lemon Carrots